

THE JIB SHEET

MARCH/APRIL 2000

I-LYA Winter Weekend

March 31 - April 1

Hilton Hotel

3100 Glendale Ave., Toledo

PIBYC will be hosting a
Caribbean Get-a-Way Hospitality Room
on Friday Night, March 31st.
See Fleet Captain's Report on page 2
for details.

Saturday, May 6th is Clean-up Day at our Clubhouse



Please join us starting at 9:00 a.m. Lunch will be served around 12:30 p.m. and we will consider the day finished at 3:00 p.m. Come for the whole time or just give us an hour. We need your help. There will definitely be something for everyone.

Dock Raffle

Thanks to everyone who participated in the 2000 Calendar Dock Raffle. The drawing was conducted on January 22nd at our Winter Doldrums Meeting under the careful eyes of our Fleet Surgeon, Dr. Gabriela Kaplan. She drew the lucky ticket number 22 – John Andrek. All dock raffle participants were personally notified of the winner.



TENTATIVE 2000 PIBYC CALENDAR OF EVENTS

May 6 Club Spring Clean-Up Board Meeting, 3 p.m.	July 1 Freedom Party	Aug. 1 Ladies Tea
15 <i>Jib Sheet</i> news due	2 Pancake Breakfast	2-6 I-LYA Powerboat
27 Welcome Back Party Aux. Board Mtg., 9 a.m.	7 Beer Party	7 Aux. Board Mtg., 7 p.m.
28 Memorial Service, 11 a.m. Eye Opener, 12 noon	9 Board Meeting	8 Aux. Luncheon, 12 noon Annual Meeting
	10 Aux. Board Mtg., 7 p.m.	11 Beer Party - Ham Raffle
	11 Aux. Luncheon, 12 noon	12 School House Bay Picnic
	12 Home Tour Luncheon	13 Board Meeting
June 4 Sign-up for Swimming/Sailing	12-14 Old Club Cruise Out	15 "On the Town" Aux. Luncheon, 12 noon
9 Beer Party	14 Swim/Sail ends, Awards, 6 p.m.	19 Horse Race Party
10 Club Rental	16-20 I-LYA Jr. Bay Week	25-27 Pelee Island Cruise Out
11 Board Meeting, 8 a.m.	18 Aux. Luncheon, 12 noon	
12 Swim/Sail begins	21 Parrot Head Party	Sept. 1 Beer Party
15 <i>Jib Sheet</i> news due	22 Christmas Party	2 Aux. Board Meeting
17 Italian Dinner	25 Aux. Luncheon, 12 noon	3 Pancake Breakfast
18 Founders' Day	28 Beer Party	Annual Meeting, 5 p.m.
19 Aux. Board Mtg., 7 p.m.	29 Luau Pig Roast	Pot Luck Dinner, 7 p.m.
24 Mystery Dinner Cruise	30-Aug. 2 - I-LYA Sail Regatta	4 Labor Day
27 Aux. Luncheon, 12 noon		16 Fish Fry
		23 Change of Watch
		Oct. 7 Eye Closer



Commodore's Briefings

Greetings! Spring is just around the corner and soon the fun will begin! I have a couple of things that I need to fill you in on.

The first would be to let you know of the location change for the I-LYA Spring Meeting. It is going to be held at the Hilton Toledo, 3100 Glendale Ave., Toledo (419/381-6800). Please remember that PIBYC is hosting a hospitality room and the more help we have, the better. Plus it's a great way to have fun and catch-up with people we haven't seen all winter. Come join us if you can!

The next would be to tell you that I've received a letter of resignation from **Jeanne Burgess**. She is leaving due to a promotion at her full-time job along with a desire to spend more time with her family. She has offered to continue in this position for as long as needed to

transfer the books and her assignments. We would like to wish her well and thank her for a job well done. Treasurer **Carolyn Zahn** has a handle on the situation and all will be fine.

And finally, our Winter Doldrums Town Meeting was well-attended. The dinner at Mon Ami was great, too! Special thanks to **Jack Lain** for supplying the goodies for lunch and to all who helped him set-up. And thank you, too, **Jack**, for making the arrangements at Mon Ami. A big thanks for all who braved the chilly weather to join us.

I'm looking forward to this summer and hope to see you at the Club enjoying what the officers and the members have to offer for your enjoyment!

*John "Jack" Attkisson
Commodore*

Report from the Rear

Welcome from your new Rear Commodore. Our second annual Winter Weekend and Doldrums Party was enjoyed by all. Starting with the Cocktail Party Friday night and culminating Sunday with brunch at Sandusky Yacht Club, the event was grand for all in attendance.

Fifty-five members and guests attended the Saturday night party at Mon Ami. I would like to thank my wife, **Kay**, and her crew for a super lunch after Saturday's Town Hall meeting. Further thanks goes to: "All of our products, of course", to **Connie Gregory** and **Kay** for the flowers at Mon Ami and to all who brought hors d'oeuvres Friday night

Finally, those who attended the Town Hall meeting unanimously agreed to send long-time friend, **Toni Gottfried**, flowers, as she was in the hospital at the time recuperating. **Sam and Connie** delivered the flowers on Sunday. We have a great summer of activities planned! We look forward to seeing you all again soon, and hope all of you are looking forward to the upcoming events as much as I am! More on these exciting events in the next *Jib Sheet*.

*Jack Lain
Rear Commodore*

Fleet Captain's Report

The Yacht Club will be hosting a Hospitality Room this year at the I-LYA Spring Meeting. The Spring Meeting will be held at the Hilton Hotel in Toledo, Ohio on March 31st. The theme will be Caribbean Get-a-Way and all members are welcomed and encouraged to attend, as well as participate.

Members attending are asked to dress in Caribbean Get-a-Way attire. This includes a wild, preferably gaudy shirt and khaki (beige) shorts. Straw hats, sandals, sunglasses and braided hair are also suggested to add flair and personalize your attire. A Caribbean lei will be provided by PIBYC to complete your outfit.

Now that members are dressed in Caribbean attire, special decorations are in the process of enhancing the mood of the Hospitality Room. For example, **Tom and Lori Thanasiu** are designing lighted, tropical palm trees. My wife will be enhancing the atmosphere by making a tantalizing Get-a-Way punch that will definitely be a knock out!

We do need additional volunteers to help with hors d'oeuvres, bartending and clean-up. If you are interested in participating please contact me at 248/620-2187 (home) or **Carolyn** at 313/493-3135 (work). Hope to see everyone at the Caribbean Get-a-Way!

*Larry Zahn
Fleet Captain*

Ad-Vice

The summer of the Millennium Year 2000 is fast approaching and plans have been made for a hopefully exciting "on water" season.

Our first cruise-out is a "Mystery Cruise" set for June 24. We will be able to accommodate up to 50 people traveling on 3-4 boats to the mystery location. The agenda will include the cruise over and back, cocktails, dinner and entertainment by an island favorite, Eddie Boggs.

The second cruise-out planned will take place in July. We plan to cruise across Lake Erie, up the Detroit River, cross Lake St. Clair and up the South Channel of the St. Clair River to the Old Club. The Old Club is a private club on Harsens Island. We have reservations to arrive on Wednesday, July 12 after lunch and plan to depart on Friday, July 14 by noon. The two evening meals will be in the club dining room preceded by liquid refreshments on or near our boats. For those who wish to attend, but not on a boat, the club has rooms available in the main lodge. The area offers fine opportunities for exploration by dinghy. This is an ideal spot to incorporate into any longer cruise plans that you may have. We will have more specific details shortly. Since this is a private club, we will be offering a package cost.

The August cruise-out is planned for the 25-26 and will take us to Pelee Island. Docks have been reserved by our good friend Lou Harris who owns a home near the docks. Friday night we will have dinner at a local restaurant preceded by liquid refreshments dockside. Saturday afternoon and evening, weather permitting, activities are planned for the beach. Bring your water toys. We plan to cook our evening meal on the beach.

By popular demand, we plan to return to School House Bay on Middle Bass for the Picnic and Family Fun Day. This will take place Saturday afternoon, August 12. This is always a well-attended affair for all ages. In the event of inclement weather, we will stay dockside and enjoy the festivities at the club.

See you at the club on May 6 for the annual clean-up day.

*Samuel B. Gregory, Jr.
Vice Commodore*

Ladies Auxiliary

Fifty years and still going strong, the Auxiliary looks forward to another busy, fun-filled summer. Last year we enjoyed celebrating our proud history. How thankful we are for those who conceived such a worthwhile organization. We have high hopes that our next fifty years will prove as eventful.

Our most important role, as you know, is to promote skills and water safety for our youth. This year the swimming and sailing classes are set to begin June 12th. Phoebe Borman and Jim Frederick are diligently planning the sailing and racing programs. Everyone is excited about the purchase of four new FJs for the sailors. Sarah Booker Sheehan, a graduate of our swimming program, is now taking charge of it. She is anxious to introduce some fresh new ideas.

Tuesday luncheons will begin June 14th. Plan to join us for delicious food, friendly conversation and some shopping in our well-stocked Ship's Store. On July 25th, our annual Moosemilk luncheon will take place. Watch for details about this year's theme in upcoming *Jib Sheets*. If you've never attended this event, you are in for a real treat. Moosemilk is M-M good!

Mark your calendars for Jr. Bay Week, July 16-20 and Senior Race Week and Power Boat Regatta July 30-August 6. During these weeks we'll be cooking up a storm and selling our famous regatta t-shirts. We are always in need of help to make these fund raising projects successful.

Hope to see you!

Lauren Mooney
President

ADDRESS CORRECTION/CHANGE

Address changes should be sent to our treasurer:
Carolyn Zahn
10130 Boulder Pass
Davisburg, MI 48350



Old Yearbooks Needed

An attempt is being made to have office copies of all past yearbooks for PIBYC. I-LYA, and AYC. We are missing: PIBYC prior to 1967, I-LYA prior to 1959 and books from 1968, 1970, and 1974 and AYC books prior to this year. If you have copies of these books and are willing to donate them to the Club, please call the office (419/285-4505) and leave a message.

THE JIB SHEET - Published in the months of January/February, April, May, June, July, August, September/October by Put-in-Bay Yacht Club, Put-in-Bay, OH 43456. Deadline for news is the 15th day of the the previous month. Send copy to Linda Dettmer, 4889 Summer Wind, Medina, OH 44256 or call 330/722-0119; fax 330/723-7487; e-mail jdettmr@aol.com

Report from the Fleet Surgeon

CARE FOR HYPOTHERMIA VICTIMS

Drowning victims most often suffer of hypothermia. In hypothermia, the metabolism slows down in order to protect the brain. End stage victims might seem clinically dead. All severe and moderately hypothermic victims require immediate warming of their TRUNK (but not their extremities). Cover extremities with blankets only. Apply dry, warm (110°F) packs under armpits, groin and neck area. If injuries coexist, immobilize and stabilize them and immediately take victim to a major trauma center. These patients at times require cardiopulmonary bypass to bring temperatures up. The victim's biochemistry is altered requiring intensive care personnel for management. The victim's prognosis is guarded. Mild hypothermia victims, on the other hand, only need regular emergency rooms. The latter, unless they are victims of other accidents, or have diseases and complications, have a good chance for complete recovery.

PULSELESS VICTIM - Lie patient down face up, remove any wet clothing, keep warm and dry. Gently check for respiration and neck pulse for 45 seconds. If no breath or pulse is present, THINK ABC: (Airway, Breathing and Cardiac). Immediately start cardio-pulmonary resuscitation (CPR) even if you think the victim is dead. DO NOT GIVE CPR UNLESS YOU ARE SURE THERE IS NO PULSE, for it can cause deadly arrhythmia.

(A) **AIRWAY**- Lie him on his back. Clear mouth and nose. Keep his head in neutral position without lifting (no pillows etc). Thrust his jaw open for breathing. (B) **BREATHING**- Kneel next to the victim. Give mouth to mouth resuscitation by pinching his nose and covering his mouth with yours so air does not escape. Blow air gently, so his rib cage expands. (C) **CIRCULATION**- For cardiac massage, push firmly but GENTLY on the lower breastbone with the heel of your wrists. Each heart pump is given one second apart. If you are alone, give 2 breaths followed by 15 compressions, then repeat in the same order. If you have help, 1 gives one breath while the other follows with 5 cardiac compressions. Repeat this sequence till he recovers his own cardiac activity. Check periodically to see if he is breathing. STOP CPR if victim starts breathing. If not, continue till paramedics arrive.

Cardiac de-fibrillation and CPR will not work unless the victim regains warmth, so both must be undertaken simultaneously.

SUMMARY: TREATMENT BASED ON VICTIM'S TEMPERATURE: Body temperature of 93°F or below is considered hypothermia. (A) **SEVERE:** 86°F or below. Warm up victim's trunk. Place warm packs under armpits, groin, neck. Cover extremities with dry (not warm) blanket. Give CPR if no cardiac function present. Ship immediately to major trauma center for internal thermal therapy. (B) **MODERATE:** 86°F-93°F : Warm-up victim's trunk. Apply warm dry packs to groin, armpits and neck. Cover extremities with warm blanket . Send immediately to major trauma center. (C) **MILD:** Around 93°F : Warm up whole body with warm blankets. Send to any emergency room.

Victims whose temperatures have been brought-up to 86°F and over, yet are unresponsive to prolonged CPR, up to one hour, are considered unsalvageable. In the USA 90% of hypothermia deaths are related to alcohol abuse. Alcohol produces vascular dilatation, causing rapid heat loss. It diminishes victim's ability to detect cold and take precautions to avoid exposure to the elements. Other causes of hypothermia, aside from accidents are due to metabolic, incapacitating or protracted illnesses, stroke, heart attack, central nervous system dysfunction and severe infections. Hypothermia thus can occur indoors during the summer, specially among the elderly and young debilitated patients.

Gabriela Kaplan, MD