

THE JIB SHEET

43-2

AUGUST 2000

Sunday, August 6th at 6:30 p.m.

Dinner at Nor'easter Club
on Catawba Island

R.S.V.P. 419/285-4505



PIBYC Night at the Races

Saturday, August 19th

Doors open at 6:00 p.m.

Cookout at 6:30 p.m.

\$10.00 admission includes cookout and set-ups

Friends are welcome; however, reservations are limited.

It's time for a night of video horse racing. If you missed this evening last year be sure not to miss it again. Attendees had a ball. There are several ways in which you can participate in the evening.

1. We will be holding 10 races each. Whether you are attending or not, you can "own" a horse for \$10.00. You have the right to name the horse. It's name and yours will appear in the program, and if it wins the race, you will receive \$25 and a trophy. Buying more than one horse is allowed.

2. Attend the event and watch the fun presented by a professional organization using videotaped races to simulate live racing.

3. Try a wager on the races, you could go home a big winner. Wages are a reasonable \$2.00.

4. Sponsor a race or take out an ad in the program. Information on this option is available at the Club or by contacting Connie Miller, 216/226-4227. Whatever you do...don't miss it. Make your reservation by sending in the form on Page 3. Your check is your reservation.

What's Your Opinion?

The Crew's Nest, our neighbor to the east, has applied for permission from the Planning Commission to place a two and one-half story building on the dock directly in front of the Clubhouse. The building will effectively eliminate our view of the Monument and part of the harbor. Plans for the building are available from Village Planning Commission Secretary, Dave Gruet. The Board of Trustees suggest that you take a look and make your feelings for or against known c/o Village Planning Commission, Put-in-Bay, Ohio 43456. Please note that this is not a zoning issue but rather an issue affecting the future of our waterfront appearance and access.

Window Plaque Update

At long last the donor plaques for the windows and doors are in place. Please check the wording on yours and inform PC Reni Miller (1-800-406-1588, ext 254) if there are any mistakes. This project has taken a very long time and she is anxious to have it completed. The large plaque for the back hall is being engraved and should be hanging soon. Your contributions and patience have been greatly appreciated.



Beer Party at the Club

Friday, August 11

8:00 p.m.

Ham Raffle

School House Bay Family & Friends Picnic

Saturday, August 12 • 1:00 p.m.



Meet at at the Club if you need a ride.

Bring "swim deck nibble". Bathing suit is necessary as eating is done in the water!



Our Jr. Bay Week Sailing Teams and Instructor

Pelee Island Cruise-Out is August 25-27, 2000
R.S.V.P. to VC Sam Gregory or at Club on sign-up sheet.
More information on page 2.

Commodore's Briefings

Early last month, Paul Ladd transported the officers to Ballast Island for the annual Gardner Cup Trophy meeting. Thanks Paul.

Jr. Bay Week was terrific and thanks to so many, everything went very smoothly. You know who you are and we do appreciate your time and effort.

Circle your August calendars...we have a full month planned. See page 1 for more information.

As always, if you need anything, I can be reached at 440/365-3814.

*John "Jack" Attkisson
Commodore*

Report from the Rear

Thanks to all the PIBYC members and guests for supporting the Rib Fest, Pancake Breakfast and Beer Party.

The Rib Fest was a sell-out due to the hard work of hosts Steve and Jill Cooks, my wife Kay and the committee including Clark and Mella Davies, Jack and Phyllis Crites, Tom and Connie Roberts, Ray and A/P Lauren Mooney. The event also was a financial success due to the generosity of members Joe and Judy Sebring who supplied the superb ribs. The ribs were prepared using an old Victory Hotel recipe, thanks to Steve and Jill.

On Sunday, Commodore Jack and the Junior Sailors hosted the annual Pancake Breakfast. All worked hard at the sold-out event.

The balance of July was very busy. We had a Parrot Head Beer Party hosted by Bob and Jennifer Bahney with the help of the Kahlers and Reinheimers, a Beer Party hosted by the Dave and Lu Butz and the Bergans and on the 29th a Luau hosted by Tom Thanasiu Jr. and Laurie Creller.

August will be another great month for the Club. The Prendergast Beer Party will be hosted by Robert and Jill and Sam and Kristin Wygant on the 11th.

See page 1 for details about the School House Bay Picnic hosted by FC Larry Zahn and Club Treasurer Carolyn Zahn with the help of Ed and Sandra Sterling.

We will have PIBYC Night at the Races hosted by the Arths and Millers on the 19th. You will not want to miss this one. Mark your calendars.

*The Rear
Jack Lain*



FREEZER NEEDED

The large freezer in the galley of the Club is no longer working. Because of costs and budget constraints, it has been decided that this year the Club will not be able to replace it. Therefore, we are moving the old freezer from the back into the galley and we are looking for a working freezer to help with storage. If you have a freezer on the island and are interested in donating it to the Club, please contact Manager Steve Cooks at 419/285-4505.

Ad-Vice

The Old Club cruise-out was an event of great fun and relaxation. Ten boats cruised across Lake Erie, up the Detroit River and across Lake St. Clair to rendezvous at this beautiful Harsens Island retreat. The Old Club staff was most gracious and hospitable and the food superb. My thanks to all 32 people who made the effort to attend and special thanks to David and Lu Butz, Jack Attkisson and Jack Lain who helped coordinate the special events. We were blessed with pleasant, sunny days so everyone was able to participate in the many activities.

August cruise-out events include:

Aug. 6- Sunday supper at Nor'easter. (see page 1)

Aug. 25-27

Scudder Marina on the north shore of Pelee Island. Plan to arrive on Friday afternoon.

Aug. 25, Friday, 6 p.m.

Cocktail Party-dockside; BYOB & hors d'oeuvre to share
Friday, 7:30 p.m.

Dinner at local restaurant

Aug. 26, Sat., 9:30 a.m.

Breakfast-dockside, coffee, juice, rolls provided. Bring anything you wish to share

Lunch on your own

Afternoon - bike tours and beach activities

Dinner-6 p.m. Cookout on beach; BYOB, meat of your choice to grill and side dish to share.

Aug. 27, a leisurely return trip home.

There are sign-up sheets at the Club for both of these events or you may call 419/285-4505.

*Samuel B. Gregory, Jr.
Vice Commodore*



This unnamed Past Commodore insisted the editor take a picture of his tie since he was the only one wearing one at Old Club.

p.s. ties were not required.

Dave & Lu Butz chaired last year's Tailgate Party and wanted to recognize their committee of RC Sam & Connie Gregory, PC Tom & Barb Cooper, Jason & Chris, PC Tom Rupp, PC Jim & Sally Duffy, Terry & Beth Burns and Denny Naylor. The committee was incorrectly listed in the 2000 Yearbook.

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Ladies Auxiliary

July was a busy month filled with delicious luncheons, the completion of a great swim/sail program, a successful I-LYA Jr. Bay Week and wonderful memories. This can only happen with many helping hands and big hearts, such as:

- the Silver Sails' donation of stock pots, cutting boards and serving trays for our kitchen...
- "above and beyond" assistance given by Clark Davies, Tom Thanasiu Jr., Paul Digby and Steve Cooks to keep the sailing program running smoothly...
- time unselfishly given by Beth Burns, Janet Bergan, Jill & Peter Junkin and Ray Mooney to transport the junior sailors and boats to race destinations...
- mainland hospitality provided by Phoebe Borman who housed the sailors...
- transportation on and off the island for the racing teams provided by Miller Boat Line
- use of copiers machines by the Boardwalk and Miller Boat Line
- assistance with the trophies and engraving by Virginia McMonagle
- financial assistance given by Larry Ripich for the sailing teams' shirts...
- and art and design work done by Tom Thanasiu and Susan Market on these shirts.

Thank you...you are appreciated!

The Pancake Breakfast on July 2nd was a huge success thanks to Commodore Jack and the Swim/Sail kids as well as those who attended. The money earned goes right back into future Swim/Sail programs. The 2000 Swim/Sail Program is finished and was so successful because of extra efforts by Phoebe Borman, Tom Thanasiu Jr., Sara Booker and Jane O'Brien.

The Swim/Sail Awards Night had an additional flair to it. The overflowing crowd of family and friends were treated to a delicious dessert potluck served by candlelight, thanks to the storm that came thru earlier in the evening. Swimmers who reached their level were recognized for their achievements by their instructors. Awards were presented to sailors including:

The Helen Davis Award (Most Helpful Jr. Sailor): Patrick Mooney

The Cheryl Cody Award (Most Improved Advanced Sailor): Tim O'Brien

The Gardner Trophy (Best Overall Sailor): Brian Schnieders. Pat Gardner Skinner presented the Gardner trophy.

Also recognized were the 2 teams we have entered into Jr. Bay Week Regattas. They are:

Skipper Brian Schnieders and Patrick Mooney, crew

Skipper Hunter Barnhill and Julianne Bergan, crew.

In addition to the above sailing teams, Brian Lauer, Tim O'Brien, Kyle Wertenbach, Maggie Junkin, and Colleen Mooney raced at various races this summer in Port Clinton, Sandusky and Vermilion. Brian raced in an FJ and the others sailed Optimists. Kyle Wertenbach, Maggie Junkin, Colleen Mooney, and Logan Barnhill, as well as Jill Cerney, participated in the I-LYA Optimist Championships on July 21st during Jr. Bay Week.

Our July luncheons have been a real treat. Reni Miller and Sharon Conte chaired the Progressive Luncheon on the 11th. A group of gracious members opened their homes and served delicious courses. They were: Joan Mosier and Muriel Eian (salad), Linda Porterfield, Linda Buttrey and Jill Cooks (main), Fran Beck and Rose Kahler (dessert). The luncheon gave us a chance to relax and there was plenty of time to share and reflect on families, the Club and the Bay. It was a wonderful afternoon.

The next day, Rose Kahler and her committee provided a delightful luncheon for the Lake Erie Island Historical Society's House Tour. Their efforts provided financial support for our Swim/Sail program.

Jill Cooks put out quite a spread with the help of Auxiliary Members and their potluck dishes on the 18th. We were pleased to share this luncheon with some of the I-LYA ladies.

Silver Sails put on their famous (infamous?) Moosemilk Luncheon with the theme "Christmas in July" on the 25th. Again they outdid themselves. And with only 153 shopping days left before Christmas, the members got a great jump on their shopping in the Christmas Store.

Jr. Bay Week is over and there will be many to thank in next month's Jib Sheet. In the meantime, you know who you are and please know you are appreciated by the Auxiliary, the Yacht Club, fellow I-LYA members and the kids who make it all worthwhile.

August becomes a little more relaxed as we have our final 2 luncheons and start wrapping up the year. Looking forward to seeing you.

Laureen Mooney
President

NIGHT AT THE RACES RESERVATION AND ORDER FORM

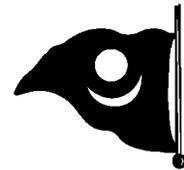
_____ I wish to make _____ reservations for the Night at the Races at \$10.00 each \$ _____

_____ I would like to purchase _____ horse(s) at \$10 each \$ _____

Please list the horse's name and the owner's name as it should appear in the program.

_____ I am interested in buying an ad(s) in the program at \$25 per quarter page (enclose ad) \$ _____

I am enclosing total payment in the amount of \$ _____. Return to: "Night at the Races", P.O. Box 51, Put-in-Bay, OH 43456



For up-to-date event information,
check out our website:
www.pblyc.org

FIRST CLASS MAIL

Put-in-Bay, Ohio 43456-0051

P. O. Box 51

The Put-in-Bay Yacht Club

Report Fleet Surgeon

MOTION SICKNESS

Feeling sick while onboard is not always due to motion sickness. Determine the cause before treating. Avoid medicating until diagnosis is made. Definition of terms is necessary for proper diagnosis.

DIZZY: Weak, unsteady, giddy, malaise, unstable while trying to stand up, faintness, unable to think clearly.

VERTIGO: Sensation of the room or the patient is turning, moving or being pulled while remaining still.

DISEQUILIBRIUM: Feeling imbalance or unsteady while walking.

MOTION SICKNESS: Nausea or malaise felt while in a moving conveyance. Dizziness can be due to central nervous system disorder, cardiovascular, visual, psychological or auditory alteration. Alterations in blood pressure, heat stroke, low blood sugar, anemia. Vertigo can be produced by medications, tumors, hemorrhage, stroke, brain lesions, trauma, and infections. Nausea can be due to drug or alcohol overdose, pregnancy, food intoxication, cardiac, nervous, intestinal complications, or severe pain.

If sea sick, get off board. While on board, look away from the boat fixing sight to a far object instead of closing eyes, while lying still in a well ventilated area. Drink Gatorade or water with salt pills to avoid dehydration.

Preferred motion sickness products are: THE PATCH (prescription required): Apply behind one ear. Its side effects have folks sometimes saying when using them: "hot as hell, dry as a bone, blind as a bat, mad as a hatter"

Wash hands to avoid its chemicals to cause blurred vision that can last 2 weeks!. Avoid patches if glaucoma, kidney, liver, intestinal, or bladder function are diminished. Avoid patches if alertness is required. If patch falls off, place another behind opposite ear. Withdrawal of patch can cause nausea, dizziness, headache and loss of equilibrium

ANTIHISTAMINES: Cause drowsiness aggravated by drugs or alcohol. These are: ANTI VERT, BONINE, MAREZINE, TIGAN prescription and STURGEON. If blood pressure problems, emphysema, bronchitis, cardiovascular, thyroid, glaucoma, prostate problems, and aspirin allergy, avoid these. MAREZINE causes less drowsiness.

HERBAL AND NON-PHARMACEUTICALS: Ginger root has been used for children and pregnant women, but its effects are unreliable. Acupressure wrist bands have shown poor results. A new wrist watch with electric stimulator is yet to be proven and is expensive.

MANAGEMENT: Prior to embarking get well hydrated. Eat a light meal three hours prior, avoid foods high in : protein, calories, sodium and milk content. Avoid alcohol, smoking and disagreeable odors. While traveling, have good ventilation, avoid visual stimuli (reading, video, books, and movies) If in a car, sit in front, stay still, and look FAR away from the vehicle. For short trips: Marezine 1 hour prior; for transatlantic trips or long cruises: The Scop (ear) patch 4 hours prior. If severe nausea is expected, phenergan (prescription) rectal can be given. For crews whose alertness is required, phenergan plus ephedrine is prescribed, but ephedrine can be addictive. Elderly patients require half doses or preferably none. Always consult with your doctor prior taking medications even if no prescription required.

Gabriela Kaplan M.D.